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| **Lowering salt** | Description: Percentage of respondents who think lowering salt in diet is very, somewhat or not at all important |
| Instrument question: D9: How important to you is lowering the salt in your diet? |

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| **Importance of lowering salt in diet** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 254 | 12.9 | 7.7 - 20.9 | 73.4 | 63.2 - 81.6 | 13.7 | 7.7 - 23.1 |
| 30-44 | 463 | 26.7 | 19.0 - 36.2 | 67.5 | 57.6 - 76.0 | 5.8 | 3.2 - 10.3 |
| 45-59 | 429 | 25.7 | 13.9 - 42.5 | 62.6 | 44.2 - 77.9 | 11.7 | 3.8 - 30.7 |
| 60-69 | 291 | 36.6 | 24.3 - 50.9 | 56.3 | 43.5 - 68.3 | 7.1 | 3.5 - 13.9 |
| **Total** | **1437** | **23.2** | **17.6 - 29.8** | **66.6** | **59.1 - 73.3** | **10.3** | **6.4 - 16.0** |
| Area |  |  |  |  |  |  |  |
| Rural | 430 | 21.3 | 12.8 - 33.3 | 66.8 | 53.2 - 78.1 | 11.9 | 5.6 - 23.3 |
| Urban | 1007 | 24.8 | 18.4 - 32.4 | 66.4 | 58.5 - 73.4 | 8.9 | 5.2 - 14.8 |

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| **Importance of lowering salt in diet** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 239 | 24.5 | 15.3 - 36.8 | 70.3 | 57.2 - 80.8 | 5.2 | 1.9 - 13.3 |
| 30-44 | 498 | 44.7 | 32.4 - 57.7 | 49.0 | 37.1 - 61.0 | 6.3 | 3.0 - 12.7 |
| 45-59 | 476 | 34.8 | 25.3 - 45.6 | 61.8 | 51.3 - 71.3 | 3.5 | 1.9 - 6.2 |
| 60-69 | 305 | 31.8 | 21.9 - 43.6 | 64.4 | 52.0 - 75.2 | 3.8 | 1.5 - 9.2 |
| **Total** | **1518** | **34.0** | **28.3 - 40.2** | **61.1** | **54.9 - 66.9** | **4.9** | **3.0 - 7.9** |
| Area |  |  |  |  |  |  |  |
| Rural | 449 | 35.9 | 26.4 - 46.7 | 59.9 | 49.2 - 69.7 | 4.2 | 1.7 - 9.9 |
| Urban | 1069 | 32.1 | 26.3 - 38.7 | 62.2 | 55.7 - 68.3 | 5.6 | 3.4 - 9.2 |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Importance of lowering salt in diet** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 493 | 19.6 | 14.0 - 26.8 | 71.6 | 63.5 - 78.5 | 8.7 | 5.1 - 14.5 |
| 30-44 | 961 | 37.5 | 28.8 - 47.2 | 56.4 | 47.3 - 65.1 | 6.1 | 3.7 - 10.0 |
| 45-59 | 905 | 30.3 | 21.9 - 40.2 | 62.2 | 51.6 - 71.7 | 7.6 | 3.2 - 17.0 |
| 60-69 | 596 | 33.8 | 25.5 - 43.1 | 61.1 | 51.8 - 69.7 | 5.1 | 3.0 - 8.8 |
| **Total** | **2955** | **29.3** | **25.2 - 33.7** | **63.5** | **58.4 - 68.2** | **7.3** | **5.2 - 10.1** |
| Area |  |  |  |  |  |  |  |
| Rural | 879 | 29.7 | 23.2 - 37.3 | 62.8 | 53.9 - 70.9 | 7.4 | 4.2 - 12.8 |
| Urban | 2076 | 28.9 | 24.1 - 34.1 | 64.0 | 58.8 - 69.0 | 7.1 | 4.9 - 10.2 |